## Your Radical Transformation Manifesting Formula

## Part 1 – The 5 Steps

I am so grateful that I have what it takes to \_\_\_\_\_\_.
I have achieved my goal through my continuous and persistent action, and my full commitment to taking that action.

2) My goal was written down and clear, and I pursued it until I developed the self-acceptance and self-confidence to achieve it. For 5 minutes every day, I committed to visualising myself as the self-accepting and self-confident woman I am, right now.

3) I know that the thoughts I fixate on in my mind, will first manifest into physical action and then gradually transform into physical form. So, I held my \_\_\_\_\_\_ in my mind steadily, knowing that it would eventually manifest into physical reality. For 10 minutes every day, I committed to visualising myself within my goal, so that I created a clear picture in my mind of confidently and successfully achieving it.

4) I have only worked and interacted in ways that benefit everyone, and everything involved with \_\_\_\_\_\_ because I knew that my goal had to be built on truth and fairness if it is to last. I have succeeded in achieving my goal because through gratitude, I attracted all the necessary people, circumstances and opportunities to me.

5) I am so grateful that others believed in me because I believed in them and myself. Others supported and served me because I supported and served them. My kind, compassionate and positive attitude attracted everything I needed to achieve \_\_\_\_\_\_ confidently and successfully.

Let Jour Radical Transformation Begin.